## IQAC Invited Lecture (Awareness programme) on *Food and Cancer Prevention*

## Total Participants = 116

Speaker: Dr. Sankar Kumar Nath

Retd. Oncologist, R.G. Kar Medical College and Hospital

Date: 05.10.2018



The speaker gave a guideline towards a healthy lifestyle and healthy diet which can prevent the onset of cancer. He also discussed the hazards of taking certain foods, specially those containing carcinogenic elements.